

FLEXSIG PREP

PREPARATION:

Do not eat or drink anything after midnight the night before your procedure.

You will need to purchase two (2) Fleet Enemas at your pharmacy – these can be purchased over the counter. You will insert the first enema 45 minutes before leaving your house on the morning of your procedure. Ten (10) minutes later (35 minutes before you leave your house), you will insert the second enema. This will give you approximately 30 minutes for your lower bowel to clear before you leave home.

MEDICATIONS

- **Do not take any medication by mouth the morning of your procedure.** It is okay to continue to use your inhaler – and we would like for you to bring your inhaler with you.
- If you take any **PRESCRIPTION BLOOD THINNERS**, **please inform us immediately** – you will need clearance from the physician who prescribed the medication to stop taking them prior to your procedure. We can help you to obtain the clearance.
- Please continue to take your routine medications as scheduled up until midnight the night before your procedure.

DRIVING / ACCOMPANYING ADULT

If you will be sedated then you cannot drive, or use a taxi/bus after the procedure. An adult must accompany you – preferably a family member. **This person must remain in our office the entire time of your visit.** If this is not followed, your procedure may be cancelled.

If you and your physician have decided that the procedure does not require sedation, having a driver with you is not mandatory.

RESULTS

If a biopsy is taken, the results may take about a week to come in and be reviewed by your physician. Once your physician reviews your results, a nurse will call you to explain the results and give you further instructions, if any are ordered by your physician.