

# MoviPrep® Instructions



PLEASE READ ALL INSTRUCTIONS AHEAD OF THE PROCEDURE DATE.  
CALL OUR OFFICE IF YOU HAVE QUESTIONS / CONCERNS: 985-446-1958

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You will need to get your MoviPrep® bowel prep kit **prescription** filled at the pharmacy ahead of time.

**\*\*PLEASE NOTIFY YOUR PHYSICIAN IF YOU HAVE KIDNEY DISEASE OR KIDNEY PROBLEMS.\*\***

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2 days prior to procedure	1 day prior to procedure	Day of procedure
No nuts or seeds	Start Clear Liquid Diet & Begin Prep	Arrive at scheduled time

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## DIET

**Two days before your procedure, do not have any nuts or seeds as they are digested slowly.**

**The day before the procedure, remain on a clear liquid diet all day.**

This includes any liquid, which when held up to a light, can be seen through. **Examples:**

- Broths and Bouillons
- Fruit Juices (apple, grape, white cranberry, tang, strained lemonade / orange juice)
- Beverages such as coffee (NO milk/creamer), tea, carbonated beverages (soda/cola)
- Dessert such as popsicles, Jell-O, honey, syrup

Drink plenty of clear liquids to avoid dehydration.

**\*\*No liquid that contains RED or PURPLE dye, MILK, or ALCOHOL\*\***

Do not eat or drink anything after midnight the night before your procedure except as instructed below:

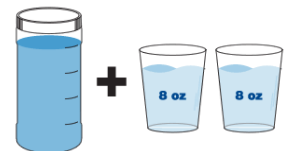
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## MoviPrep® INSTRUCTIONS

**\*\*Please disregard the instructions that are inserted in the kit.\*\***

### 1. DOSE #1: 5:00 PM THE EVENING BEFORE YOUR PROCEDURE

- Empty 1 Pouch A and 1 Pouch B into the disposable container.
- Add lukewarm drinking water to the top line of the container. Mix to dissolve.
  - **If preferred, mix ahead of time & refrigerate. The solution should be used within 24 hours of mixing.**
- The movie prep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 ounces each time), until the liter is consumed.
- Drink 16 ounces of the **clear liquid** of your choice (water, ginger ale, apple juice, Gatorade, lemonade, etc – no red or purple liquid). This is a necessary step to ensure adequate hydration and an effective prep.



### 2. DOSE #2: \_\_\_\_\_

- Repeat steps EXACTLY as for Dose #1

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