

# SUFLAVE Instructions

PLEASE READ ALL INSTRUCTIONS AHEAD OF THE PROCEDURE DATE.

CALL OUR OFFICE IF YOU HAVE QUESTIONS / CONCERNS: 985-446-1958

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You will need to get your prescription for the SUFLAVE® Bowel Prep Kit filled at the pharmacy ahead of time. The kit will include 2 bottles of oral solution that must be mixed with water.

**\*\*PLEASE NOTIFY YOUR PHYSICIAN IF YOU HAVE KIDNEY DISEASE OR KIDNEY PROBLEMS.\*\***

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2 days prior to procedure	1 day prior to procedure	Day of procedure
No nuts or seeds	Start Clear Liquid Diet & Begin Prep	Arrive at scheduled time

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## DIET

Two days before your procedure, do not have any nuts or seeds as they are digested slowly.

The day before the procedure, remain on a clear liquid diet all day.

This includes any liquid, which when held up to a light, can be seen through.

### Examples:

- Broths and Bouillons
- Fruit Juices (apple, white grape, white cranberry, tang, strained lemonade / orange juice)
- Beverages such as coffee (NO milk/creamer), tea, carbonated beverages (soda/cola)
- Dessert such as popsicles, Jell-O, honey, syrup

Drink plenty of clear liquids to avoid dehydration.

**\*\*No liquid that contains RED or PURPLE dye, MILK, or ALCOHOL\*\***

Do not eat/drink anything after midnight the night before your procedure except as instructed below:

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## SUFLAVE® BOWEL PREP KIT INSTRUCTIONS

**\*\*Please disregard the instructions that are inserted in the kit.\*\***

### DOSE #1: 5:00 PM THE AFTERNOON BEFORE YOUR PROCEDURE

1. Open 1 flavor packet and pour the contents into the bottle provided in your kit (optional).
2. Add lukewarm water to the fill line on the container and gently shake to mix (make sure it is completely dissolved). For the best taste, refrigerate for 1 hour prior to drinking.
3. Drink 8 ounces of solution every 15 minutes until BOTTLE IS EMPTY.
4. You MUST drink **at least** one (1) more 16-ounce container of water over the next 1 hour.

### DOSE #2: \_\_\_\_\_

1. Open 1 flavor packet and pour the contents into the bottle provided in your kit (optional).
2. Add lukewarm water to the fill line on the container and gently shake to mix (make sure it is completely dissolved). For the best taste, refrigerate for 1 hour prior to drinking.
3. Drink 8 ounces of solution every 15 minutes until BOTTLE IS EMPTY.
4. You MUST drink **at least** one (1) more 16-ounce container of water over the next 1 hour.